

INTERCOM NEWS

BULLETIN



Starting 2010 feeling more  than  ?

Then please allow us to proffer some New Year's resolutions/suggestions in your general direction to make you feel inspired for the year ahead...

1. Join a new group – try something new and meet new people, from knitting to walking or reading, there is something for everyone and if not...
2. Start a new group up yourself – nothing happening in your area – make something happen!
3. Get involved – come along an LGBT Collective meeting, meet new people – find out about groups and events in your area or start volunteering for a local group or project!
4. Raise some money for a local charity, your local LGBT group or Pride event, and have fun doing it!
5. Drink more water - it's supposed to be really good for you.

LGBT County Collective meetings

The South West LGBT Collective will be meeting on the 16th January, 1-3pm at the Harry Hems Centre, Exeter. This meeting is for the LGBT Collective Lead Officers to come along to and report back about the Counties they work in and to all work together across the South West Peninsula. Although these meetings are specifically for the four counties Lead Officers we are happy to take ideas, concerns or questions to them for you.

Happy news from the Helpline!

As of the beginning of January 2010 we have a full time helpline administrator! Lizzie will start work on 5th January, we are sooo excited to have her on board, as we will be able to offer an increased service to our clients.

The rainbow café will reopen on Tuesday January 5th and will run every Saturday 11am-2pm and Tuesdays 6.30-9pm. A huge thank you to all our Rainbow Cafe volunteers for keeping this service going for the last year.

Kindest regards

Sports Outreach Project

We are indeed happy to report that we have recruited a new Sports Education Outreach Worker who will be joining us this month. Joe will be working part time for 6 months across Devon to initiate a sustainable campaign to raise awareness of homophobia in sport. We are really excited about the potential of this project and are starting to work with partners across the County and beyond – such as The Kick It Out Campaign (www.kickitout.org) and the Justin Campaign (www.thejustincampaign.com). We can't wait to get started and welcome Joe as part of the Community Development team.

For more information on the Homophobia in Sport Project you can contact Joe on Joe@intercomtrust.org.uk or call on 01392 201012.

Sit & Stitch

Sit and Stitch is a brand new knitting group setting up in Exeter city centre. The LGBTQ Sit and Stitch group will be from 6.30 to 8.30 on the second and fourth Wednesday of the month. The group will start on January 13th. Tea, coffee and biscuits are provided for a small contribution and we'll be meeting in the shop – Heavenly Yarns in Fore Street.

Contact details are heavenlyyarns@hotmail.co.uk or 01392 215131

Gay Book Worm anyone?

The first Gay Book Worm book group will be held at 7pm on Monday 1st February at Intercom Community Centre. Set up by a volunteer this group hopes to meet roughly every 6 weeks to discuss books that will be chosen and read by the members of the group. It's just for fun and should be a great way to meet new friends and have a chat about some great books. The first meeting will be about what the group wants and to choose a book or two to read for the next meeting.

Gateway Open evening

Wednesday 20th January will see the third open evening on the Gateway website – a secure, password protected networking site for LGBT groups and projects. This time we will be inviting our new Sports Education Outreach Worker who is running a Devon Wide campaign on homophobia in Sports. Although the project is Devon based – the issues are far reaching and affects us all – so log on and join in!

www.lgbtgateway.org.uk

Dorset Lesbian & Gay Helpline Quiz night

Come along & spend the evening with Dorset Gay & Helpline at their annual fundraising Quiz Night. If you want to join in with the quiz the minimum team is 2 people, & £2 per person to enter the quiz. There will also be a raffle with some great prizes. The questions will be challenging, but the company, as always, will be thoroughly enjoyable. The event is held at the Hallmark Hotel, Hallmark Hotel, Durley Chine Road, Bournemouth, BH2 5JS. Bournemouth: <http://www.hallmarkhotels.co.uk/bournemouth/default-en.html>

Contact: info@dorsetgayhelpline.org or 0845 388 3544

Exeter Pride has the cake factor!

Exeter pride is throwing a good old fashioned Jumble Sale and needs your stuff! So if your clinging on to those New Year's resolutions of decluttering your house – just do it, and then give us the clutter! The jumble sale is taking place on Saturday 6th February so there is plenty of time to get collecting. We can collect your jumble or you can drop it over to us, the choice is yours! You also have the option to hire a stall from us to sell your own wares!

The Jumble Sale will also host the first ever CAKE FACTOR, which is like the X Factor but with cakes, so much better! You can enter a cake which will be judged (it's a hard job but someone has got to do it) and you can win a prize – not to mention the reward of being the best cake maker around! To find out more about how to enter or donate your jumble email info@exeterpride.co.uk or call 01392 201012.

Torbay Rainbow Café

Torbay Rainbow cafe is a café style event for LGBT people in the Torbay area. A warm welcome awaits you so don't be shy, it's a great way to make new friends and while away a Saturday lunchtime! The group meet monthly on the last Saturday of every month at from 11.00 - 1.00 at the MCC - Unitarian Church hall

New Year = New Ideas?

New Year = new ideas – that's what 2010 is all about – we are led by what YOU want to do and we are keen for you to tell us all of your sparkling new ideas. Just to get you started – here are some of the things that we can offer people to turn your ideas into reality...

What exactly can Intercom Community Development offer to groups?

- ✓ Help new groups to set up and existing ones to develop
- ✓ Help groups to publicise themselves, or in dealing with unwanted publicity
- ✓ ICT services
- ✓ Help with financial procedures
- ✓ Training, we tailor our training around the needs of each specific group
- ✓ Practical administrative support
- ✓ Help to recruit volunteers or trustees
- ✓ Facilitate group events or meeting
- ✓ Advice on writing and adopting policies, constitutions or other governing documents
- ✓ Support in registering with the Charity Commission
- ✓ Help with finding and applying for funding
- ✓ Fundraising
- ✓ Keeping financial accounts
- ✓ Networking with other groups
- ✓ Enable LGBT community voices to be heard within their county and across the South West
- ✓ Sign post and refer groups to relevant organisations
- ✓ Act as a third party mediator for groups
- ✓ Provide representation for groups in various circumstances

To find out more about any of the listed items above just contact us on 01392 201012

vickyw@intercomtrust.org.uk.

New LGBTQ Youth Group for East Devon?

We have recently been approached by a few young people from across East Devon who are keen to set up a new LGBTQ youth group in the Honiton area to serve East Devon and nearby parts of Dorset. The young people are keen to know if anyone would be interested in such a group – you can contact the young people through us on 01392 201012 or vickyw@intercomtrust.org.uk

Events Calendar

For more events and further details of all the following events, check out www.lgbtcollective.org.uk

Date	Event & Contact	Time & Location
Saturday 5 th January	Exeter's Rainbow Café starts again from its New Year Break andy@intercomtrust.org.uk	11 -2pm Intercom Community centre
Saturday 16 th January	South West LGBT Collective: Meeting for the Collective Leads from across the South West Peninsula vickyw@intercomtrust.org.uk 01392 201012	1-3pm Harry Hems Centre, Exeter
Saturday 17 th January	Cornwall Chillout Café is back for the New year with it's chilled out friendly café style event. corwallchilloutcafe@hotmail.co.uk or 01392 201012	1-5pm Cross Roads Inn, Scorrier
Tuesday 19 th January	Rainbow Writers Group Meet to look at their own and others writing rainbowwritinggroup@hotmail.com	7pm Over The Rainbow, Bournemouth
Wednesday 20 th January	Gateway open evening – another chance to get chatting on the Gateway - www.lgbtgateway.org.uk vickyw@intercomtrust.org.uk 01392 201012	7pm www.lgbtgateway.org.uk On your own computer!
Monday 25 th January	Dorset L&G Helpline Annual fundraiser Quiz An evening of fun to raise funds for DLGH info@dorsetgayhelpline.org or 0845 388 3544	Evening Hallmark Hotel , Bournemouth
Tuesday 26 th January	Exeter GLAM Not sure what the film will be – more information nearer the time. exeterglam@hotmail.co.uk	Evening Picture House
Monday 1 st February	Gay Book Worm is Exeter's new gay & lesbian Book Group - like reading? Love this group! gaybookworm@gmail.com	7pm Intercom Community Centre, New Bridge St (over Otto retro)
Saturday 6 th February	Exeter Pride Fundraising Jumble Sale Featuring The CAKE FACTOR, come and have a rummage! infor@exeterpride.co.uk	11 – 3pm St Sidwells Centre, Sidwell St, Exeter
Monthly & Regular Events		
3 rd Saturday of the month	Western Boys is a support and social group for FTM identified people Do not meet in June or December info@westernboys.org www.westernboys.org Text or phone: 07811 814302	6pm – 9pm Taunton location
1 st Saturday of the month	PONY CLUB NIGHT @ BAR BEYOND Monthly event for LGBT women in and around Bournemouth's Triangle. info@theponies.co.uk	8pm – late Bar Beyond, The Triangle, Bournemouth
Every Sunday	Pink Sundays at Pâtisserie Angelique Coffee and loveliness every Sunday	2-5pm Pâtisserie Angelique, 79 Poole

		Rd, Westbourne, Bournemouth
	cakes@patisserieangelique.com	
2nd & 4th Friday of the month	Kiss n Make Up Social group for TS/TVs, partners and admirers	8:30-late At Bar Beyond, Bournemouth
	http://groups.yahoo.com/group/kissnmakeupdorset/	
Monthly	Bournemouth Gay Writers Meet monthly to discuss writing and their own work.	7:30 – 9pm Over The Rainbow in Bournemouth
	bournemouthrainbowwriters@hotmail.co.uk	
1st Thursday of the month	Bideford Benders A fun LGBT night in Bideford.	7:30pm -1am Tavern in the Port, Bridge Street, Bideford
	bidefordbenders@hotmail.co.uk	
Last Saturday of the month	Torbay Rainbow café Monthly café style event for LGBT people in the Torbay area.	11.00am - 1.00pm MCC - Unitarian Church hall, Torquay
	torbayrainbowcafe@hotmail.co.uk	
2nd & 4th Wednesday of the month	Sit & Stitch New knitting group in Exeter for LGBTQ people in who like to knit and have a chat!	6:30pm-08:30pm Heavenly Yarns, Fore St, Exeter
	heavenlyyarns@hotmail.co.uk or 01392 215131	

Got an event coming up? e-mail us, because not only will it appear above it will also appear on the new **LGBT Collective Website** -see www.lgbtcollective.org.uk

Community Notice Board



GIVE US YOUR JUMBLE

Exeter Pride is calling for all of your splendid yet unwanted Xmas gifts!

Follow through on those New Year resolutions to declutter and give us your stuff!

Call 01392 201012 or e-mail info@exeterpride.co.uk

We can collect!

The **intercom** Trust
supporting lesbian gay bisexual & trans people & communities in the South West
Registered Charity 1072772

if you wish to update your e-mail address, or to have your name removed from our contact lists, please tell us by sending an e-mail to news@intercomtrust.org.uk

www.intercomtrust.org.uk

PO Box 285, Exeter, EX4 3ZT

01392 20 10 15 (main line)

08457 6020 818 (South West regional helpline, local-rate)

01392 20 10 12 (Lynx South West—LGBT Community Support Project)

01392 20 16 30 (fax)